

## Archery-Summer



### Archery is a great way to get outside and enjoy the outdoors.

It is a sport that you can enjoy for the whole family and into the later years of life. Archery is flexible and adaptable to individual physical and emotional needs because each family member can choose to shoot with light or heavy bows, from short

or long distances, at indoor ranges or in their own back yard. The sport builds upper body strength, improves mental concentration and develops strong eye-hand coordination. This program is for students, adults, and/or parent/child. Children participating independently must be over the age of eight. Children at the age of 7 must participate with a parent or an adult. All equipment will be provided.

**Click any thumbnail image to view a slideshow**



### Supporting Documents



[Registration Form](#)



[Youth Medical Release Form](#)



[Summer Archery Information Sheet](#)

### Web Links

[Online Registration](#)

## **Archery-Summer**

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